Office Memorandum • UNITED STATES GOVERNMENT Chief, Technical Branch, SRS FROM : SUBJECT: Special Instructions, 1. On 29 April, 30 April and 1 May 1954, was in this office for the purpose of giving specia instructions in hypnosis to two individuals, The writer served as an observer and supervised the instruction. conducted demonstrations and instructions with the primary purpose of acquainting with the mechanics A of the science and to train both in hypnosis as time permitted. had been briefed on the project "ARTICHOKE" and desired more detailed information as to how and when such techniques might apply in his operations. Indicated that he had some dealings in hypnosis. He felt that the science and related interrogation techniques could be utilized to a greater extent than they had been in the past. 3. On Thursday evening, 29 April, during the hours 7:00 PM to 9:45 PM, discussed the subject thoroughly. He demonstrated induction techniques, procedures in hypnosis, post-hypnotics, etc. The balance of the evening was spent in an informal question and answer session. interest was very keen and he seemed to be well pleased with the knowledge given him. Those present were and the writer. were present and volunteered as subjects. Both are excellent subjects, having worked with and the writer for the past several months. 4. On Friday evening, April 30, from 7:30 PM to 10:00 PM, the discussion was continued. demonstrated more techniques and how he felt they could be applied in the field. During this time he induced a deep state of hypnosis in a find very quickly developed him into a good subject. The evenings work was continued with hypnotic techniques and terminated at the above given continued to show extreme interest. were present as subjects along with of this staff as observer and adviser on medical matters. 5. On Saturday, 1 May, from 1:00 PM to 5:00 PM, instruction was continued. Using as a subject. strated more forceful methods of hypnotic induction which obviously would be more useful in the field.

6. Present as subjects and observers were

induced a state of hypnesis in each. Instructions were continued until approximately 4:00 PM. The balance of the afternoon was devoted to questions and answers.

7. In conclusion, it can be stated that the instruction periods were well received by all. The was favorably impressed. He nade inquiry as to how he could communicate with this staff for assistance and advice. These matters were handled to his satisfaction. The writer feels that the entire operation was successful and extremely beneficial to all present.

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